

**WORSHIP
OPPORTUNITIES**
In-person & Online

8:00AM | This is a traditional communion service using Rite I from the Book of Common Prayer.

9:30AM | This is a vibrant communion service with our very own live band. If you are looking for a joyous family service with some of the best music around, this is the service for you.

11:00AM | A classic communion service with our fabulous choir. We use Rite II from the Book of Common Prayer.

Noonday Prayer | Mon. – Fri. 12pm on Facebook

Compline (evening prayer) Mon.–Fri. at 8pm on Facebook

Online Worship
stmmts.org/live

St. Matthew's Staff & Vestry

Rector, Rev. C. Robert Merola Jr.
Rob@stmmts.org

Assistant Rector, Rev. Mary Margaret Winn
MaryMargaret@stmmts.org

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Office@stmmts.org

Children's Minister, Adrian Mattina
Adrian@stmmts.org

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Kevin@stmmts.org

Bookkeeper, Jean DeFuria
Bookkeeper@stmmts.org

Dir. of Mktg & Band, Kathleen Bellamy
Kathleen@stmmts.org

Office Assistant, Sue Reier
Sue@stmmts.org

VESTRY

David Lathrop, Senior Warden
Justin O'Connell, Junior Warden

Caitlin Dronfield, Young Professionals
Kristin Drummond, Outreach
Akila O'Grady, Music
Martha Olson, Reverence
Dan Robertson, Finance
Syd Severino, Community
Sara Warnick, Strategy

Service Volunteers

Ushers | Jackie Harbourne, Marie Thomen, Zena Horaibi,
Sharon Ferguson

Lectors | Darrell Breed, Lisa Lintelman, Sue Reier

Tellers | Dan Robertson

Flower Guild | Martha Olson and Priscilla Shingleton

Altar Guild | Lisa Lintelman, Anitrus Jones

St. Matthew's Episcopal Church • Cameron Parish
201 East Frederick Drive • Sterling, Virginia 20164-2387
Telephone: 703-430-2121 • Fax: 703-430-2638
Office@stmmts.org • www.stmmts.org



Sixth Sunday after Pentecost
Sunday, July 4, 2021



SPIRIT SUNDAYS

EVERY SUNDAY IN JULY

Join us for fun themed spirit days!

July 4 | Red, White & Blue Day

July 11 | Pajama Day

July 18 | Treasure Hunter Day

July 25 | VBS Sunday wear your VBS shirt!



YOUTH MISSION WEEK

JULY 19-23, 1PM - 8PM

GO.STMSTS.ORG/YOUTHMISSION

Middle and high school youth are invited to spend a week (or any portion) engaged in local community projects, assisting with VBS and having fun! **Contact Rev. Mary Margaret at**
MaryMargaret@stmmts.org

www.stmmts.org



TASTE AND SING!

SATURDAY, JULY 17th | 7PM

The Lord is good. Join Abby Middleton, voice, Rebecca Soelberg, voice and Greg Knauff, piano in sharing a night of music celebrating how the divine can be represented through all genres of music! Broadway, musical theatre, friendship, and the stories that inspire us.

Also, enjoy some delicious and fresh organic foods from the St. Matthew's Celebration Garden.

For more information visit www.stmtts.org/events. Lawn chairs or blankets to sit on are recommended.



FRIDAY FLASH

Looking for inspiration or information on upcoming events? Sign up for the Friday Flash email newsletter by emailing Office@stmtts.org



LINK FOOD PANTRY

LINK needs volunteers on an ongoing basis to help run their food pantry distribution, make deliveries and help unload bulk food deliveries. Sign-ups for these opportunities are found at go.stmtts.org/link. The last two weeks of July will be St. Matt's dedicated delivery weeks so please help us fill up that delivery schedule!

Additionally, there are currently vacancies for the Treasurer position, Food Coordinators and Food Packers that need to be filled.

Contact Melissa Hancock at melissahancock@hotmail.com.



EDUCATION FOR MINISTRY

We will be holding an open house in August for anyone interested in joining us. Watch here for upcoming details.

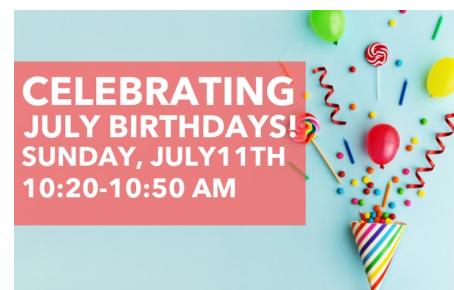
Contact Sue Reier at Sue@stmtts.org for more info.



MUSICIANS NEEDED

The choir will not be singing at all Sunday services this Summer; therefore, we are in need of musicians (vocalists and/or instrumentalists) to present the offertory anthem for the 11am service. An accompanist will be provided, if needed. No weekly commitment is expected or necessary. You would sign up for a specific Sunday and present your musical selection during the offertory. You do not need to be a regular attendee of the 11am service to participate. In fact, we hope to have representatives from all services throughout the summer.

Contact Kevin Fletcher at kevin@stmtts.org for more info.



BACKPACK BUDDIES

Through our Backpack Buddies program, we provide regular support to local children in need. Each child receives a bag filled with six meals, snacks and milk each weekend during the school year and as requested throughout the summer. If you would like to make a cash donation to support this program, please go to go.stmtts.org/give.

We are also accepting shelf-stable food items as usual. Drop off items by the church backdoors on Tuesdays and Thursdays 8am - 4pm. If you'd like to help pack, sign up here: go.stmtts.org/pack4bb.

Contact Hilary Hultman-Lee at HLLLearning@gmail.com for more information.



WELCOME TO ST. MATTHEW'S!

We know that going to church or to a new church for the first time can be nerve-racking. We want to help make your first experience at St. Matthew's a great one!

If this is your first visit to Saint Matthew's, we welcome you. Please join us after the 8am or 9:30am services or before the 11am service for coffee in the Parish Hall. For more information about our community, visit our website www.stmtts.org. We are so glad you are here.

EVENTS & MINISTRY UPDATES

View our full events list online
SMTTS.ORG/EVENTS



VACATION BIBLE SCHOOL JULY 19 - 23, 5:30PM - 8:00PM GO.STMTTS.ORG/VBS

Register now for the best week of summer! Join us for a week of fun, games, and Bible adventures as we learn we're Treasured by God.

Volunteers and Crew Leaders are also needed and can register using the link above.

If you'd like to donate an item toward our VBS fun, please check out our Amazon wish list at go.stmtts.org/VBSdonations

Contact Adrian@stmtts.org for more information.

INTERCESSORY PRAYER LIST

The Saint Matthew's intercessory prayer list is for those in or related to our community who are in need of prayer. It is designed so that all members of our community can pray for each other on an ongoing basis. In order to pray for those on the list, simply ask God to be with them and help them in any way needed - God knows what is going on, so we don't need to.

Please pray for the following:

McKeown family, Lane, Jones, Bill, Ashley, Frankie, Romaine, Mabel, Gary, Betty, Ray, Liisa, Luke, Ella, Jackie, LK, Madison, Katie, Lorraine, Dan, Don, Kelsey, Dai, Carmen, Bishop Susan, Debbie, Lynda, Renee, Phil's family, Kathy, Sandra, Kenny, Cheryl, Beckett, Rudy, Nenette, Wilma, Chase, Jacoby family, Sandra, Rita & Family, Lynn, Maureen, Marcy, Raquel, Joe, Ben, Debbie, Helen, Ray, Christy, Maxton, Abigail, Joyce, Colleen, Nehman family, Fowler family, Morgan family, Habab Family, Brandon, Jane, Polo, Alex, Brian, Ellen, Walter, Jake, Angela, JP, Joaquin, Lisa, Jeff, Simone, Kevin, Kelly, Carline, Rita, Brown family, Emily, Bailey, Chris, Margaux, Larry, Sue, Kenzie, Shannon, Sebastian, Bob, Crystal & family, Fiaschetti family, Olivia, Jessica, Terry, Tiana, Herb, Sean, Theresa, Tess, Johnny, Marion, Rob, Lorinne, Terry, Kathy, Denny, Larry, Chris, Anna, Lucas, Joe, Kamala, Lorainne, Boyd, Clara, DeWayne, Leila, Patti, Heidi, Eileen, Leyla, Swann family, Cristal, Elias, Joe, Rebecca, Jack, Guthrie, Bridgette, Witt Family, Josiah, Jason, Lisa, Cammeron, Patrick, Ted, Kassi, Melinde, Daylina, Jessica, Bridgette, Brian, Kumar, Cameron, Lisa, John, & Emma.

If you or someone you care about are in need of Pastoral Care, please call 703-430-2121.

THIS WEEK AT ST. MATT'S

Sunday, July 4th

8am-Rite I Worship Service
9:30am-Festival Worship Service
10:20am - Faith Factory 4th of July Water Fun
11:00am-Classic Worship Service
7:00pm - Alcoholics Anonymous

Monday, July 5th

12:00 pm - Noonday Prayer
12:00 pm - Social Time with Candace
5:30 pm-Girl Scouts 2157
7:00 pm - Bread of Life
7:30 pm - Free to Live
8:00 pm - Compline
8:20 pm - Social Time with Kevin

Tuesday, July 6th

12:00 pm - Noonday Prayer
5:00 pm - Alcoholics Anonymous
6:00 pm - Girl Scouts 2274
7:00 pm - Alcoholics Anonymous
7:00 pm - Band Rehearsal
7:30pm-Sandwich Generation Small Group
8:00 pm - Compline

Wednesday, July 7th

12:00 pm - Noonday Prayer
12:00 pm - Alcoholics Anonymous
5:30 pm - Narcotics Anonymous
7:30 pm-Alcoholics Anonymous
8:00 pm - Compline

Thursday, July 8th

10:45 am - EfM Anam Cara
12:00 pm - Noonday Prayer
6:00 pm-Outreach Meeting on Zoom
7:30 pm - Narcotics Anonymous
8:00 pm - Compline

Friday, July 9th

10:00 am-Youth Visit to Museum of the Bible
12:00 pm - Noonday Prayer
7:00 pm-Dancing
7:00 pm - Narcotics Anonymous
8:00 pm - Compline

Saturday, July 10th

8:00 am - Men's Group
10:00 am-Small Hands, Big Hearts Letter Writing to Haiti
7:00 pm-Narcotics Anonymous
7:00 pm - Alcoholics Anonymous
8:30 pm - Narcotics Anonymous

HAPPY BIRTHDAY

July 5th: Panita Greer, Allie Robertson, Evie Robertson
July 7th: Abigail Smith
July 8th: Hillary Tattersall, Rachel Leary, Katie Hancock, Adryana Pazooki
July 9th: Cassie Diegtel, Annika Sonntag

HAPPY ANNIVERSARY

July 8th: Becky & RL Smith
July 9th: Mary Margaret Winn & Sam Sheridan

ATTENDANCE

Sunday, June 27, 2021

Time or Place	Attendance Online	Attendance In-Person
8:00 AM	45	24
9:30 AM	42	84
11:00 AM	50	23
Faith Factory		12

HELP SUPPORT ST. MATTHEW'S MINISTRIES

GIVE ONLINE

FAST | SIMPLE | SECURE
stmtts.org/Give

DOWNLOAD THE ACS CHURCH LIFE APP (Site #111141)

OFFERING PLATE

man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?" And they took offense at him. Then Jesus said to them, "Prophets are not without honor, except in their hometown, and among their own kin, and in their own house." And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. And he was amazed at their unbelief. Then he went about among the villages teaching. He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; but to wear sandals and not to put on two tunics. He said to them, "Wherever you enter a house, stay there until you leave the place. If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them." So they went out and proclaimed that all should repent. They cast out many demons, and anointed with oil many who were sick and cured them.

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6 PENTECOST

Sixth Sunday after Pentecost: Proper 9



RCL
TRACK ONE

COLLECT

July 4, 2021

Traditional

O GOD, who hast taught us to keep all thy commandments by loving thee and our neighbor: Grant us the grace of thy Holy Spirit, that we may be devoted to thee with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who liveth and reigneth with thee and the same Spirit, one God, for ever and ever. *Amen.*

Contemporary

O GOD, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

FIRST READING: 2 Samuel 5:1-5, 9-10

ALL THE TRIBES of Israel came to David at Hebron, and said, "Look, we are your bone and flesh. For some time, while Saul was king over us, it was you who led out Israel and brought it in. The Lord said to you: It is you who shall be shepherd of my people Israel, you who shall be ruler over Israel." So all the elders of Israel came to the king at Hebron; and King David made a covenant with them at Hebron before the Lord, and they anointed David king over Israel. David was thirty years old when he began to reign, and he reigned forty years. At Hebron he reigned over Judah seven years and six months; and at Jerusalem he reigned over all Israel and Judah thirty-three years. David occupied the stronghold, and named it the city of David. David built the city all around from the Millo

inward. And David became greater and greater, for the Lord, the God of hosts, was with him.

Refrain

This God shall be our guide for evermore.

Psalm 48 *from the Book of Common Prayer*

- | | |
|---|---|
| 1 Great is the LORD, and
highly to be praised; * in
the city of our God is his
holy hill. | like ships of the sea
when the east wind
shatters them. |
| 2 Beautiful and lofty, the
joy of all the earth, is
the hill of Zion, * the
very center of the world
and the city of the great
King. | 7 As we have heard, so
have we seen, in the
city of the LORD of
hosts, in the city of our
God; * God has
established her for ever. |
| 3 God is in her citadels; *
he is known to be her
sure refuge. | 8 We have waited in
silence on your loving-
kindness, O God, * in
the midst of your
temple. |
| 4 Behold, the kings of the
earth assembled * and
marched forward
together. | 9 Your praise, like
your Name, O God,
reaches to the world's
end; * your right hand is
full of justice. |
| 5 They looked and were
astounded; * they
retreated and fled in
terror. | 10 Let Mount Zion be glad
and the cities of Judah
rejoice, * because of your
judgments. |
| 6 Trembling seized them
there; * they writhed like
a woman in childbirth, | 11 Make the circuit of
Zion; walk round about |

her; * count the number
of her towers.

may tell those who come
after.

- 12 Consider well her bul-
warks; examine her
strongholds; * that you

- 13 This God is our God for
ever and ever; * he shall
be our guide for evermore.

SECOND READING: 2 Corinthians 12:2-10

I KNOW A PERSON in Christ who fourteen years ago was caught up to the third heaven—whether in the body or out of the body I do not know; God knows. And I know that such a person—whether in the body or out of the body I do not know; God knows—was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat. On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard from me, even considering the exceptional character of the revelations. Therefore, to keep me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. Three times I appealed to the Lord about this, that it would leave me, but he said to me, “My grace is sufficient for you, for power is made perfect in weakness.” So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

GOSPEL: Mark 6:1-13

JESUS CAME to his hometown, and his disciples followed him. On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, “Where did this